

# Dealing with Cyber Bullying

## Talk



- 1 Talk to your children about social media, if there is a problem with cyberbullying, remind your child that it is not their fault

## Ignore



- 2 Ignore  
Encourage your child not to reply to unwanted messages.

Do not reply on their behalf.



## Report

- 5 If problems persist speak to school and in serious situations, speak to the guards



## Copy

- 3 Keep a copy of content by taking screen shots



## Block

- 4 Block the sender/remove them as a friend.

