



PRES LISTOWEL

TRANSITION YEAR NEWSLETTER

Welcome to the Transition Year Newsletter!

Our newsletter will be a monthly document on the events and adventures of the TY class of 2022/23. It will entail information on a variety of guest speakers, venturesome day trips, fundraisers, projects and other exciting school events conducted in TY. Since the current TY group are the first TY's since the breakout of the COVID-19 virus, we plan to make this year one to remember!

ACTION

SEPTEMBER 2022 EVENTS

1. KILLALOE ADVENTURE CENTRE
2. LAW ED
3. MARIE KEATING FOUNDATION
4. DRIVING SCHOOL
5. BALLYHASS ADVENTURE CENTRE
6. JUNK KORTURE
7. FIRST YEAR READING ASSISTANCE



LAW ED



On September 8 the transition students attended an educational talk about law. Growing your knowledge about the laws of the country we live is very important. As students may like to pursue this as a career and the law affects every aspect of our life in general so a deeper understanding is great. Kate Fleming spoke about legal processes, analysis capabilities, logical reasoning skills, and last but not the least critical thinking. She also explained reasoning behind these laws and why they were put in place. Kate let the girls participate in a mock trial which helped them with public speaking and showed the girls how difficult it is to stand up in court and express, negotiate, defend and describe their client's case.

Killaloe Adventure Centre

On the 6th of September the transition year students embarked on their journey to UL adventure centre in Killaloe. This was their first outing of the year and it was a fantastic way for the Pres girls to bond with one another. They did this through various team building activities including archery and high ropes. Experiencing all these fun adventurous antics the girls left UL adventure centre feeling accomplished after some girls got over their fears and others made new friends.



DRIVING ED

On Tuesday the 13th of September the transition year students took part in a driver's education day ran by the Irish School of Excellence. It was a great opportunity for students to get insight into the basics of driving. The girls were shown how to change tires of a car and also got the chance to drive a car around the basketball court with Neilus Mulcahy. They also took part in activities that included wearing glasses which gave the illusion of being under the influence of alcohol while driving. In the afternoon the girls took a mock theory test and were shown how to identify hazards on the road. Overall, the girls really enjoyed the day and found it very educational.

ADVENTURE

Ballyhass Adventure

On the 14/9/2022 of September the transition year students had an early morning for their trip to Mallow adventure centre. We took part in water activities, many girls earned a hard lesson in perseverance as the water wasn't exactly the warmest for this activity! One student described it as "a new and exhilarating experience". Next they took part in team building activities which was enjoyable for all as they excelled in team work. Ziplining was also an enjoyable activity for the girls to try during their very active day.

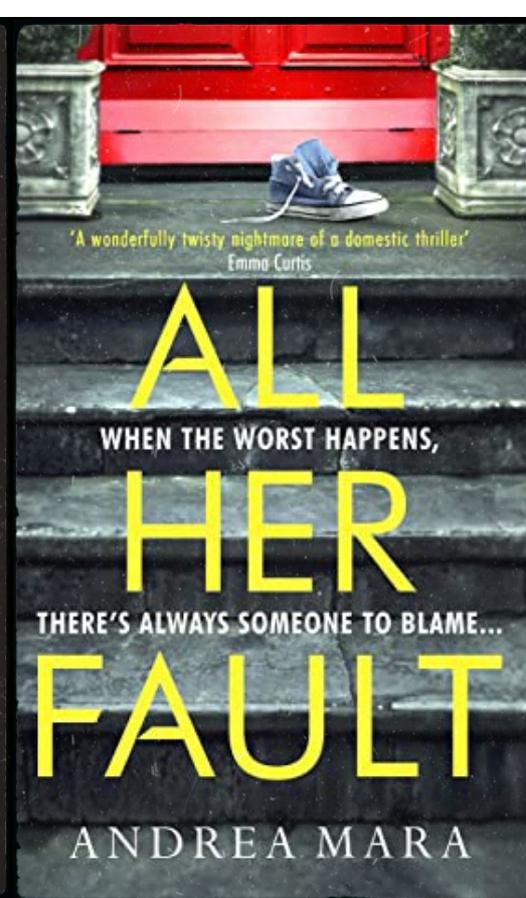
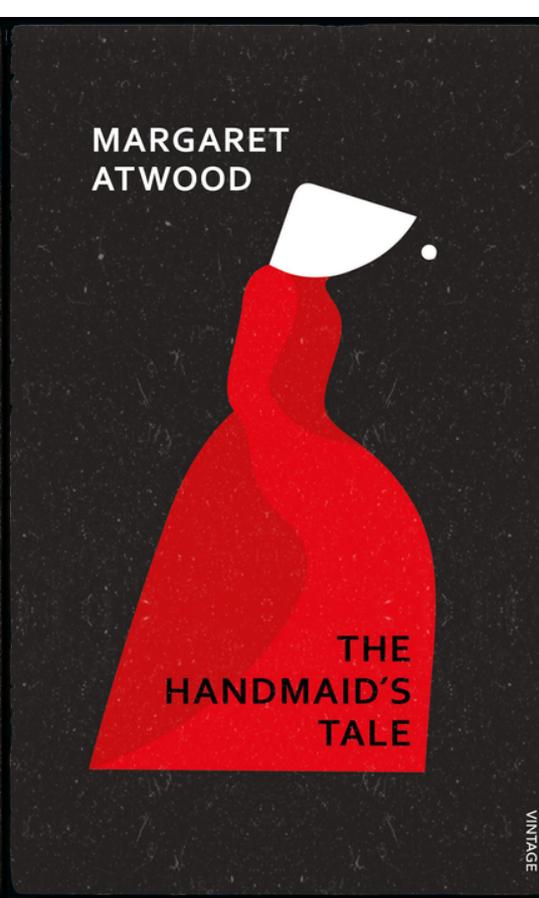
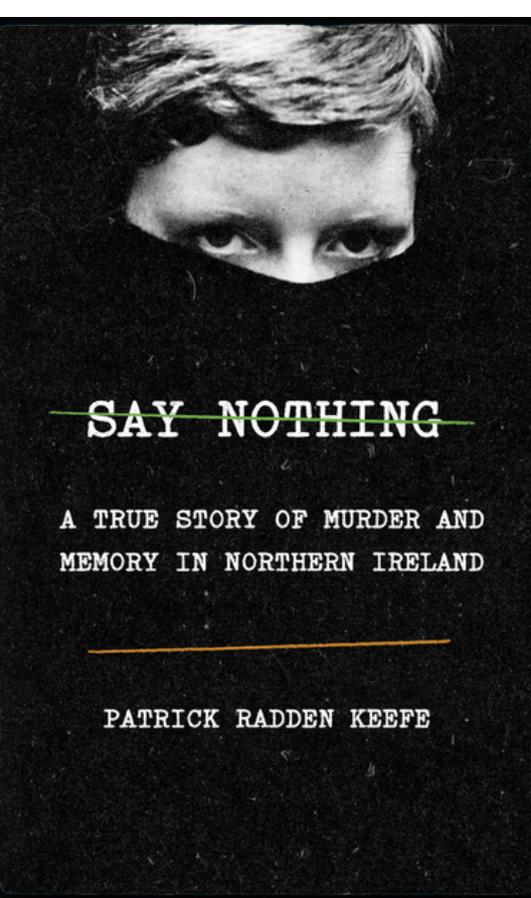


Marie Keating Speaker

On Monday 14th of September the transition year students attended an informational session on cancer prevention. They had discovered new details about how factors like alcohol and smoking increase one's risk of developing cancer. Additionally, they received information on how to have less risk of cancer including advice to exercise 60 minutes daily and adopt a healthy diet. Overall the girls enjoyed this interesting talk of helpful guides to prevent cancer

KILLALOE & BALLYHASS





reviews and recommendations



A list of our recent reads and watches, as well as recommendations from all at Pres Listowel

1 "Say Nothing" - Patrick Redden Keefe - Mr Culloty

This was a gripping read, exploring the history of the Northern Irish state intertwined with the telling of a true crime meets missing persons story. Couldn't put it down.

2 "The Handmaids Tale" by Margaret Atwood - Meabh Kennelly

This classic dystopian nove. dragged me deeper into the motives behind Margret Atwood creation of such a perturbing story. It really made me think about our world today.

"All Her Fault" - Andrea Mara Ms O'Loughlin

3

It was gripping and emotional and I couldn't put it down. The twist was wonderfully woven into the storyline, but so cleverly done that I didn't see it coming at all.



TY GALLERY WALL

'Places of Significance' - Eimear Buckley

My favourite haven in the world is where I call home. It provides me with warmth, comfort, safety, and security. It is a location that is intimate and particular to me. It welcomes me with a comforting hug as it opens its doors with wide arms. In a way, my house resembles a tornado. I may compare my home to a natural weather occurrence, which may sound absurd. The world is mayhem, confusion, and abruptness for miles around my house, but inside the eye of the storm is where I call home, a sanctuary of tranquility and serenity. Where I can unwind for a time and temporarily forget about society's issues. It is a location that represents a break in life, a spot where I can go back to unwind, experience solitude, and think.

The eye of the storm complicates everyone on the outside, but no one on the inside. My house just makes sense to me. Through the kid doodles, shattered doorknobs, and misplaced Kinder Egg surprises, love, compassion, and a caring nature blossom. Each tiny component of the eye has a unique narrative. Only those who are on the inside would find that important. The couch, where popcorn was spilled, movies were watched, and minor arguments over the remote control began. The tablecloth, where we painted, the counter, where we baked. In a home, everything just "clicks," and everyone contributes to the smooth operation of the place.

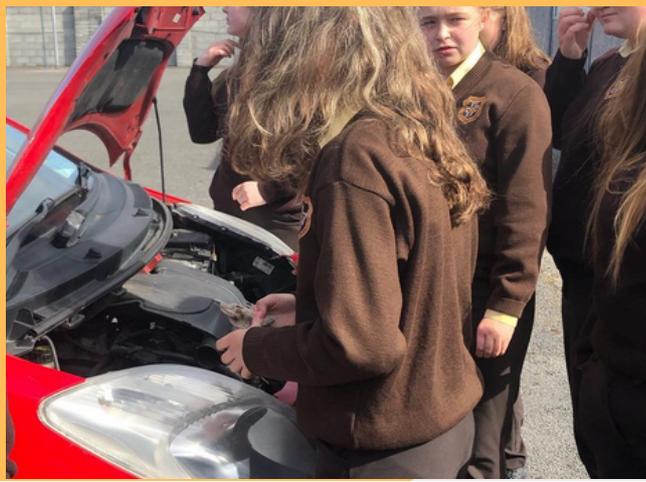
In my opinion, it is the most unique and exceptional area. I believe you can only ever be your authentic self. Even if you succeed in trying to be yourself around others, it will never come close to matching your true personality at home.

The outside of the storm is rocky. Wind and rain crash against everything in its way and society can be hurtful to anyone. When you are outside the tables turn. Independence becomes a vital tool to continue living a healthy life. We all have speed wobbles along our path in life, and for me my home will be my place to recover from these bumps along the way. My home really is a significant place to me, that I always consider one of the most special things in my life, however as the saying goes, it is the people who make a house a home.

'It welcomes me with a comforting hug as it opens its doors with wide arms'



DRIVERS ED



EAGER EARS



TY **PODCAST**

Tune into our monthly podcasts for all things Pres!



PODCAST



@pressec_pss



@pres_listowel

- *THE BANSHEE*
- *POP CULTURE*
- *24 HOURS TO LIVE*
- *HAUNTED IRELAND*



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POP BACK FOR THE OCTOBER NEWSLETTER!
with Mr Culloty & the TYs

OCTOBER

Dog Trust Talk

Bodhran Making

Podcasting

Shauna Style Search Workshop

Bernard Casey Workshop

Kelly Skin Solutions Workshop

Junk Korture

and much more!

