

7th June 2024

Dear Principal and One Good School™ Team Lead,

Congratulations on completing Jigsaw's One Good School™ initiative 2023/24.

As you know, the aim of One Good School™ was to enable schools to share the responsibility for promoting and supporting youth mental health across the whole-school community to ensure better mental health outcomes for young people. Your participation and completion of the initiative demonstrates your school's commitment to this, and we thank you for playing your part in an Ireland where all young people's mental health is valued and supported.

Overall, we had 130 schools participate in the One Good School™ initiative in 2023/24 and had fantastic engagement across all activity areas. Some highlights include:

- 4,757 young people completed our **Let's Talk - Sure Why Not?** workshop
- 263 staff completed our **Mental Health and Wellbeing – Jigsaw Approaches** online course
- 544 school staff and parents/guardians attended our **One Good School™ Webinar Series**.

As One Good School™ 2023/24 comes to an end, we would like to take this opportunity to thank our sponsors Lidl, whose financial support made this initiative possible over the last 5 years.

Finally, I would like to thank you, for being with us in this partnership towards achieving better mental health outcomes for young people in your local communities. We could not have reached so many young people or adults in the lives of young people, without your hard work, dedication and commitment to the initiative. I hope that you see the benefits of this for the young people in your school and that the impact of the initiative continues to benefit your whole-school community. If you would like to view our One Good School™ 2019-2024 achievements video, click [here](#).

If you would like to find out more about Jigsaw's services for young people, please visit <https://jigsaw.ie/get-support/>

With thanks,



Director of Mental Health Promotion, Jigsaw

For information, support, or just to find out more about what we do, visit jigsaw.ie

The National Centre for Youth Mental Health trading as Jigsaw is a Company Limited by Guarantee and Registered Charity. CRO number 421016. Registered charity number 20064846. Charity revenue number 17439.

Directors: J. Stewart (Chair), S. Ryan (Vice Chair), A. Geraghty, R. Melia, M. Cunningham, B. Geoghegan, M. Scully, E. Smyth, T. Donaghy, S. Mathias, Chaloner, L. Crawley, J. O'Connor, Dr. K.

